

!" #&/

4;O <548G=>3> 70AB>AC20==O ;V:0@AL:>3> 70A>1C

"

(CLOTRIMAZOLUM)

!::04:

4VNG0 @5G>28=0: ;>B@8<07>;;

1 B01;5B:0 B@8<07>;C 100 <3;

4>?>28=8: ;0:B>70, <=>3V4@0B; :@>E<0;L :0@B>?;O=89, :8A;>B0 048?V=>20, =0B@VN
3V4@>:0@1=>0B, <03=VN AB50@0B, :@5<=VN 4V>:A84 :>;>W4=89 1572>4=89, =0B@VN
;0C@8;AC;LD0B.

V:0@AL:0 D>@<0. "01;5B:8 203V=0;L=V.

A=>2=V DV78:>-EVABV: 1V;V B01;5B:8, 42>>?C;;V, 7 >1@V7=8<8 :@0O<8, ?@>4>230AB>W D>@<8,
70>:@C3;5=V 7 >4=>3> 1>:C B0 7 BC?8< :@0T< 7 V=H>3>.

\$0@<0:>B5@0?52B8G=0 3@C?0. @>B81=V B0 0=B8A5?B8G=V 70A>18, I> 70AB>A>2CNBLAO 2
3V=5:>;>3VW. ;>B@8<07>;. >4 "% G01A F02.

\$0@<0:>;>3VG=V 2;0AB82>ABV.

\$0@<0:>48=0

?0B>35==8E 3@81V2. 5E0=V7< 4VW ;>B@8<07>;C ?>;O30T C 1;>:C20==V A8=B57C =C;;5W=>28E
:8A;>B B0 ?@>B5W=V2, 0 B0:>6 A8=B57C 5@3>AB5@>;C C 3@81:>28E ;>VB8=0E, I> <0T =0A;V4:<
?>H:>465==O WE ;>VB8==>W >1>;>=:8 B0 703815;V ;>VB8=.<>@D=V 3@818.

@8 2V4?>2V4=8E C<>20E B5ABC20==O V=3V1CNGV :>=F5=B@0FVW 4;O F8E B8?V2 3@81V2
AB0=>2;OBL ?@81;87=> <5=H5 =V6 0,062 8,0 /<; AC1AB@0BC.

5E0=V7< 4VW ;>B@8<07>;C ?>2O70=8E 7 ?5@28==>N DC=3VAB0B8G=>N 01> DC=3VF84=>N
0:B82=VABN, 70;56=> 2V4 :>=F5=B@0FVW ;>B@8<07>;C C

In vitro 0:B82=VABL >1<565=0 5;5<5=B0<8 3@810, I> ?@>;VD5@CNBL; A?>@8 3@810 <0NBL ;8H5
=57=0G=C GCB;82VABL.

>40B:>2> 4> 0=B8B8G=>W 0:B82=>ABV ;>B@8<07>; B0:>6 4VT =0 3@078B82=V >@30=V7<8
(AB@5?B>:>:8, AB0DV;>:>:8, Gardnerellavaginalis) B0 3@0<=530B82=V >@30=V7<8 (Bacteroids).

In vitro ;>B@8<07>; ?@83=VGCT @>7<=>65==O Corynebacteria B0 3@078B82=8E :>:V2 (70 28=OB:<<
Enterococci) C :>=F5=B@0FVW 0,5-10

\$0@<0:>:V=5B8:0.

@8 ?VE2>2>AC20==V 2A<>:BCTBLAO 3-10 % 2V4 7030;L=>W :V;L:>ABV ?@5?0@0BC. VA;O 2A
<>:BC20==O ;>B@8<07>; ?5@5B2>@NTBLAO =0 =50:B82=89 <5B01>;VB 2-E;>@D5=V;-4-

3V4@>:A8D5=V;-D5=V<5B0=. @81;87=> 50 % 2V4 9>3> 7030;L=>W :V;L:>ABV 72 O7CTBLAO 7 0;L1C
N =8@<0<8. 8H5 1 % ?@5?0@0BC 5:A:@5BCTBLAO C =57

;V=VG=V E0@0:B5@8AB8:8.

>:070==O.

=D5:FVW C 4V;O=FV AB0B528E >@30=V2 (203V=VB), A?@8G8=5=V 3@810<8 (70728G09 @>4C landida
) , B0 AC?5@V=D5:FVW, A?@8G8=5=V 10:B5@VO<8, GCB;828<8 4> ;>B@8<07>;C.

@>B8?>:070==O.

V?5@GCB;82VABL 4> 4VNG>W @5G>28=8 B0 V=H8E :>=5=V2 ?@5?0@0BC.

70T<>4VO 7 V=H8<8 ;V:0@AL:8<8 70A>10<8 B0 V=HV 2848 270T<>4V9.

@8 >4=>G0A=>AC20==V 7 ;0B5:A=8<8 :=B@0F5?B820<8 <>65 A?@8G8=8B8 ?>H:>465==O
>AB0==VE, B>=B@0F5?B82V2 <>65 7=86C20B8AO. 0FVT=B0< @5:><5=4>20=> 28:>@8AB>2C20B8
0;LB5@=0B82=V <5B>48 :=B@0F5?FVW ?@8=09 ?@>BO3<< 5 4=V2 ?VA;O 70AB>AC20==O FL>3>
?@5?0@0BC.
4=>G0A=5 ;V:C20==O 7 ;>B@8<07>;<;, I> 70AB>A>2CTBLAO 203V=0;L=>, B0 B0:@>;V<
?5@>@0;L=> (FK-506, VAC?@5A0=B) 01> AV@>;V< <>65 ?@872>48B8 4> ?V428I5==O @V2=O
B0:@>;V2V. "0:<8 G8=<;, A;V4 @5B5;L=> :=B@>;N20B8 AB0= E2>@>3> 4;O 28O2;5==O A87C20==O
B0:@>;V AV@>;VIEV4=>ABV H;OE<< ?5@52V@:8 WE @V2=V2 C ?;072V.

A>1;82>ABV 70AB>AC20==O.

@>BO3<< <5=AB@C0FVW ;V:C20==O ?@>2>48B8 =5 A;V4. V:C20==O A;V4 70:V=G8B8 4> ?>G0B:C
<5=AB@C0FVW.

%2>@V9 @5:><5=4CTBLAO ?@>:=AC;LBC20B8AO 7 ;V:0@5020E E2>@>18; O:I> A8<8
715@V30NBLAO 4>2H5 7 4=V2; O:I> A8<8 7O2;ONBLAO 7=>2C ?@>BO3<< 2
5@54 ?>G0B:>< 70AB>AC20==O A;V4 ?>@048B8AO 7 ;V:0@5<, O:I> C ?0FVT=B:8 28=8: 1C4L-O:89 7
=0254=8E 40;V AB0=V2:

- 3@81:>20 V=D5:FVO ?>2B>@NTBLAO G0ABVH5, =V6 2 @078 ?@>BO3<< H5AB8
 - C ?0FVT=B:8 01> WW AB0B52>3> ?0@B=5@0 2 0=0<=57V 1C;8 70E2>@N20==O, I>
?5@540NBLAO AB0B528< H;OE<<;
 - ?0FVT=B:0 203VB=0 01> 203VB=VABL ?V4>7@NTBLAO;
 - ?0FVT=B:0 2V:<< 4> 12 01> 2V4 60 @>:V2;
 - 2V4><0 3V?5@GCB;82VABL 4> V;C 01> V=H8E 203V=0;L=8E ?@>B83@81:>28E ?@5?0@0BV2.
- 5 @5:><5=4CTBLAO 157 ?>@048 ;V:0@O 70AB>A>2C20B8 ?@5?0@0B ?@8:
- =5@53C;O@=8E 203V=0;L=8E :@>2>B5G0E;
 - 0=><0;L=8E 203V=0;L=8E :@>2>B5G0E G8 284V;5==OE 73CAB:V2 :@>2V;
 - A<5@4NG8E 203V=0;L=8E 284V;5==OE;
 - 2C;L20;L=8E G8 203V=0;L=8E 28@07:0E, CB2>@5==V
 - 1>;N 2 =86=V9 4V;O=FV 682>B0 G8 487C@VW;
 - 1C4L-O:8E ?>1VG=8E 4VOE, B0:8E O: ?>G5@2>=V==O, ?>4@07=5==O 01> =01@O:,
0A>FV9>20=8E 7 ;V:C20==O<;
 - ?V428I5==V B5 ?@>?0A=8FV;
 - =C4>BV G8 1;N20==V;
 - 4V0@5W;
 - 1>;N C A?8=V;
 - 0A>FV9>20=>;N C ?;5G0E.

5:><5=4CTBLAO ;V:C20B8 2AV C@065=V 4V;O=:8 H:V@8 >4=>G0A=>.

#=8:0B8 :=B0:BC 7 >G0<8 B0 =5 ?@>:>2BC20B8.

V4 G0A 70AB>AC20==O FL>3> ?@5?0@0BC A;V4 C=8:0B8 AB0B528E :=B0:BV2, >A:V;L:8 V=D5:FVO
<>65 ?5@540B8AO ?0@B=5@C. >65 7=86C20B8AO 5D5:B82=VABL B0 157?5:0 ;0B5:A=8E ?@>4C:BV2
(B0:8E O: ?@575@20B828 B0 4V0D@03<8).

A:V;L:8 728G09=> C@06CNBLAO O: ?VE20, B0: V 7>2=VH=V AB0B52V >@30=8 (AB0B52V 3C18 B0
?@8;53;V 4V;O=:8), A;V4 70AB>A>2C20B8 :<1V=>20=5 ;V:C20==O >1>E 4V;O=>;, 2;;NG0NG8

V4 G0A ;V:C20==O ?@5?0@0B< @5:><5=4>20=> ;V:C20==O >1>E ?0@B=5@V2 V7 70AB>AC20==O<
:@5

5 28:>@8AB>2C20B8 B0=8, V=B@0203V=0;L=V 7@>H5==O, A?5@ V=HV 203V=0;L=V ?@>4C:B8 ?V4
G0A 70AB>AC20==O FL>3> ?@5?0@0BC.

0AB>AC20==O C ?5@V>4 203VB=>ABV 01> 3>4C20==O 3@C44N.

;V=VG=V 4>A;V465==O I>4> 2?;82C ;>B@8<07>;C =0 D5@B8;L=VABL C 6V=>: =5 ?@>2>48;8AL,
?@>B5 4>A;V465==O =0 B20@8=0E =5 28O28;8 2?;82C ;>B@8<07>;C =0 D5@B8;L=VABL.

>A;V465==O =0 B20@8=0E =5 28O28;8 ?@O<<3> 01> =5?@O<<3> H:V4;82>3> 2?;82C 7 B>G:8 7>@C
@5?@>4C:B82=>W B>:A8G=>ABV. V;L:VABL 4>A;V465=L 7 28:>@8AB0==O ;>B@8<07>;C ?V4 G0A

203VB=>ABV >1<565=0, B><5=4>20=> C=8:0B8 28:>@8AB0==O ?@5?0@0BC ?@>BO3<< I B@8
<5AB@C 203VB=>ABV.

V4 G0A ;V:C20==O ?@5?0@0B< A;V4 ?@8?8=8B8 3>4C20==O 3@C44N.

40B=VABL 2?;820B8 =0 H284:VABL @50:FVW ?@8 :5@C20==V 02B>B@0=A?>@B< 01> V=H8<8
<5E0=V7<0<8.

0=8E =5<0T.

!>AVI 70AB>AC20==O B0 4>78.

0728G09 ?@5?0@0B A;V4 70AB>A>2C20B8 ?> 1 B01;5BFV 2 @078 =0 4>1C ?@>BO3< 3 4=V2 01> ?>
1 B01;5BFV =0 4>1C ?@>BO3<< 6 4=V2.

;O ?>2=>3> @>7G8=5==O B01;5B:8 C 203V=V ?>B@V1=5 2>;>35 A5@54>28I5, V=0:H5 =5@>7G8=5=V
G0AB>G:8 B01;5B:8 <>6CBL 28A8?0B8AO =07>2=V. ;O 70?>1V30==O FL>48B8 O:><>3> 3;81H5 C
203V=C 1060=> ?5@54 A=>

V:C20==O A;V4 7025@H8B8 4> ?>G0B:C<5=AB@C0FVW. V4 G0A<5=AB@C0FVW ;V:C20==O

?@>2>48B8 =5 A;V4 G5@57 @878: 28<820==O ?@5?0@0BC <5=AB@C0;L=8<8 284V;5==O<8.

5 28:>@8AB>2C20B8 B0=8, V=B@0203V=0;L=V 7@>H5==O, A?5@ V=HV 203V=0;L=V ?@>4C:B8 ?V4
G0A 70AB>AC20==O FL>3> ?@5?0@0BC.

VB8.

@5?0@0B =5 @5:><5=4CTBLAO 70AB>A>2C20B8 4VBO< 2V:< 4> 12 @>:V2. VBO< 2V:< 2V4 12
@>:V2 70AB>A>2C20B8 ?VA;O :=AC;LB0FVW 7 ;V:0@5

5@54>7C20==O.

>4=>3> @878:C 3>AB@>W V=B>:A8:0FVW =5<0T, >A:V;L:8<0;>9<>2V@=>, I> ?5@54>7C20==O
<>6;825 ?VA;O @07>2>W 203V=0;L=>W 4>78, 0 B0:>6 ?VA;O 28?04:>2>3> ?5@>@0;L=>3>

70AB>AC20==O. !?5F8DVG=>3> 0=B84>BC =5 VA=CT. @8 28?04:>2>@0;L=>AC20==V @V4:> <>65
28=8:=CB8 ?>B@510 C ?@>2545==V ?@><820==O H;C=:0, O:I> 4>70, O:0 703@>6CT 68BBN, 1C;0
70AB>A>20=0 ?@>BO3<< ?>?5@54=L>W 3>48=8 01> O:I> =0O2=V 2848

>1VG=V @50:FVW.

I>:C VW A8AB5<8: 0;5@3VG=V @50:FVW, 2;;NG0NG8 :@>?82O=:C, 48A?=>5, 0@B5@V0;L=C
3V?>B5=7VN, A8=:>?5.

I>:C H;C=:>2>-.8H:>2>3> B@0:BC: 1V;L C 682>BV.

I>:C @5?@>4C:B82=>W A8AB5<8: 48A:>@B C 4V;O=FV 2C;L28 B0 203V=8, =01@O:, 2V4GCBBO
?5GV==O, 5@8B5<0, ;CI5==O C 4V;O=FV 35=VB0;VW2, ?>4@07=5==O, A25@1V6, 1V;L C B07>2V9
4V;O=FV, 28A8?0==O, 203V=0;L=0 :@>2>B5G0.

"5@ABV. 3 @>:8.

#<>28 715@V30==O. 15@V30B8 C =54>ABC?=>

#?0:>2:0. 6 B01;5B>: C %/0;N==C C?0:>2:C.

0B53>@VO 2V4?CA:C. 57 @5F5?B0.

8@>1=8:. □;0:A>!

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VAF57=0E>465==O 28@>1=8:0 B0 9>3> 04@5A020465==O 4VO;L=>ABV. □;0:A>!

189, 2C;. @N=20;L4AL:0, 60-322 >7=0=L, >;LI0/

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